

**RONO-Midsommernacht**  
**9. Hamburger Frauenlauf**  
**21. Juni 2009**

**Ergebnisse 10 Km**

<u>Platz</u>	<u>Start-Nr</u>	<u>Name</u>	<u>Vorname</u>	<u>Zeit</u>	<u>AK</u>	<u>AK-Platz</u>	<u>Verein</u>
1	431	Sporleder	Manuela	00:41:12	W35	1	100 Marathon Club
2	413	Hauff	Simone	00:47:46	W30	1	Blankeneser MTV
3	424	Slack	Kristina	00:48:01	W30	2	
4	416	Saß	Bärbel	00:49:48	W45	1	MTV Amelinghausen LT
5	400	Tardieu	Charmian	00:50:50	W40	1	
6	398	Willruth	Tanja	00:51:02	W40	2	
7	430	Ost	Marina	00:51:10	W30	3	
8	397	Hoffmann	Nicole	00:51:40	W40	3	
9	393	Knöchelmann	Katrin	00:52:49	W30	4	Pinneberg
10	374	Theißen	Sabine	00:53:08	W40	4	BSG Volksfürsorge
11	420	Marcus-Simon	Gitta	00:53:21	W50	1	
12	417	Ott Müller	Ingrid	00:55:59	W55	1	MTV Amelinghausen LT
13	406	Wenrich	Anja	00:56:18	W40	5	BSG Volksfürsorgett
14	401	Schmidt de Cevallos	Antje	00:57:58	W45	2	BSV 19
15	396	Stiller	Christel	00:58:10	W65	1	BSG Tchibo
16	404	Theiß	Kerstin	00:58:14	W40	6	
17	403	Spiegel	Annette	00:58:14	W45	3	Hosianna Runners
18	414	Iburg-Schnell	Christiane	00:58:20	W50	2	
19	421	Hinrichs	Steffie	00:59:19	W20	1	
20	384	Hinrichs	Ines	00:59:20	W20	2	HansaPark-Crew
21	422	Wiggers	Jessica	00:59:23	WJB17	1	
22	379	Agricola	Caroline	00:59:24	WJB17	2	NTSV
23	415	Fliegner	Gudrun	00:59:37	W30	5	
24	370	Friedrich	Jutta	00:59:42	W60	1	
25	412	Schulze	Sandra	01:00:27	W20	3	Blankeneser MTV
26	411	Schramm	Julia	01:00:29	W20	4	Blankeneser MTV
27	410	Lang	Jennifer	01:00:38	W20	5	Blankeneser MTV
28	427	Jochim	Julia	01:00:42	W30	6	
29	365	Ben Salem	Ahlem	01:00:48	W30	7	
30	386	Brueser	Rebecca	01:00:49	W30	8	LG-Niendorf
31	429	Heins	Kerstin	01:01:19	W45	4	
32	426	Rambow	Ute	01:01:23	W60	2	NTSV
33	377	Schröder	Susanne	01:01:26	W45	5	TV Gut Heil Billstedt e.V.
34	378	Nohdurft	Sabine	01:01:27	W45	6	
35	394	Hebner	Anja	01:01:28	W20	6	Literaturkreis
36	369	Schilling	Carmen	01:01:34	W55	2	
37	428	Jacobasch	Grit	01:02:07	W30	9	Regenläuferin
38	388	Dreyer	Laura	01:02:16	WJA18	1	
39	389	Stiene	Malin	01:02:17	WJA19	1	
40	395	Seeling-Maaß	Meike	01:02:51	W40	7	BSG Tchibo
41	399	Ostrander	Ute	01:02:52	W50	3	TURA
42	372	Cohrs	Bianca	01:03:04	W35	2	
43	373	Mathiesen	Nicole	01:03:05	W35	3	
44	383	Albert	Angela	01:04:40	W45	7	TVV Neu Wulmstorf
45	405	Braun	Kathrin	01:05:31	W35	4	
46	375	Schulz	Margrit	01:05:35	W65	2	
47	376	Schulz	Stefanie	01:06:37	W40	8	

# **RONO-Middsommernacht**

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48	371	Klein	Nicola	01:07:37	W40	9	
49	419	Fromke	Sandra	01:07:43	W35	5	MTV Amelinghausen LT
50	425	Gedanke	Heike	01:07:55	W50	4	BSG NDR/BSV HH
51	367	Biel	Sabine	01:07:56	W45	8	BSG NDR / BSV HH
52	380	Scheller	Insa	01:08:07	W30	10	
53	418	Fromke	Ivonne	01:12:40	WSA14	1	MTV Amelinghausen LT

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**Altersklassenwertung 10 Km**

<u>AK</u>	<u>AK- Platz</u>	<u>Start- Nr.</u>	<u>Name</u>	<u>Vorname</u>	<u>Zeit</u>	<u>Platz</u>	<u>Verein</u>
W20	1	421	Hinrichs	Steffie	00:59:19	19	
W20	2	384	Hinrichs	Ines	00:59:20	20	HansaPark-Crew
W20	3	412	Schulze	Sandra	01:00:27	25	Blankeneser MTV
W20	4	411	Schramm	Julia	01:00:29	26	Blankeneser MTV
W20	5	410	Lang	Jennifer	01:00:38	27	Blankeneser MTV
W20	6	394	Hebner	Anja	01:01:28	35	Literaturkreis
W30	1	413	Hauff	Simone	00:47:46	2	Blankeneser MTV
W30	2	424	Slack	Kristina	00:48:01	3	
W30	3	430	Ost	Marina	00:51:10	7	
W30	4	393	Knöchelmann	Katrin	00:52:49	9	Pinneberg
W30	5	415	Fliegner	Gudrun	00:59:37	23	
W30	6	427	Jochim	Julia	01:00:42	28	
W30	7	365	Ben Salem	Ahlem	01:00:48	29	
W30	8	386	Brueser	Rebecca	01:00:49	30	LG-Niendorf
W30	9	428	Jacobasch	Grit	01:02:07	37	Regenläuferin
W30	10	380	Scheller	Insa	01:08:07	52	
W35	1	431	Sporleder	Manuela	00:41:12	1	100 Marathon Club
W35	2	372	Cohrs	Bianca	01:03:04	42	
W35	3	373	Mathiesen	Nicole	01:03:05	43	
W35	4	405	Braun	Kathrin	01:05:31	45	
W35	5	419	Fromke	Sandra	01:07:43	49	MTV Amelinghausen LT
W40	1	400	Tardieu	Charmian	00:50:50	5	
W40	2	398	Willruth	Tanja	00:51:02	6	
W40	3	397	Hoffmann	Nicole	00:51:40	8	
W40	4	374	Theißen	Sabine	00:53:08	10	BSG Volksfürsorge
W40	5	406	Wenrich	Anja	00:56:18	13	BSG Volksfürsorgett
W40	6	404	Theiß	Kerstin	00:58:14	16	
W40	7	395	Seeling-Maaß	Meike	01:02:51	40	BSG Tchibo
W40	8	376	Schulz	Stefanie	01:06:37	47	
W40	9	371	Klein	Nicola	01:07:37	48	
W45	1	416	Saß	Bärbel	00:49:48	4	MTV Amelinghausen LT
W45	2	401	Schmidt de Cevallos	Antje	00:57:58	14	BSV 19
W45	3	403	Spiegel	Annette	00:58:14	17	Hosianna Runners
W45	4	429	Heins	Kerstin	01:01:19	31	
W45	5	377	Schröder	Susanne	01:01:26	33	TV Gut Heil Billstedt e.V.
W45	6	378	Nohdurft	Sabine	01:01:27	34	
W45	7	383	Albert	Angela	01:04:40	44	TVV Neu Wulmstorf
W45	8	367	Biel	Sabine	01:07:56	51	BSG NDR / BSV HH
W50	1	420	Marcus-Simon	Gitta	00:53:21	11	
W50	2	414	Iburg-Schnell	Christiane	00:58:20	18	
W50	3	399	Ostrander	Ute	01:02:52	41	TURA
W50	4	425	Gedanke	Heike	01:07:55	50	BSG NDR/BSV HH
W55	1	417	Ott Müller	Ingrid	00:55:59	12	MTV Amelinghausen LT
W55	2	369	Schilling	Carmen	01:01:34	36	
W60	1	370	Friedrich	Jutta	00:59:42	24	
W60	2	426	Rambow	Ute	01:01:23	32	NTSV
W65	1	396	Stiller	Christel	00:58:10	15	BSG Tchibo

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W65	2	375	Schulz	Margrit	01:05:35	46	
WJA18	1	388	Dreyer	Laura	01:02:16	38	
WJA19	1	389	Stiene	Malin	01:02:17	39	
WJB17	1	422	Wiggers	Jessica	00:59:23	21	
WJB17	2	379	Agricola	Caroline	00:59:24	22	NTSV
WSA14	1	418	Fromke	Ivonne	01:12:40	53	MTV Amelinghausen LT